



12TH MAN MINISTRIES

Character Coaches Teaching Guide

Title: HUMILITY

Big Idea: Everyone has a choice... be humble or be humbled.

Question: What does it mean to be humble?

**Humility doesn't mean submission, it means permission...
Permission to allow yourself the opportunity to grow and get better by
recognizing that you haven't "gotten there yet."**

Humility is a choice:

Luke 14:11 says "For all those who exalt themselves will be humbled, and those who are humbled will be exalted."

The humble athlete willingly admits and understands that they are IN PROCESS.

Question: How can we practice humility?

Romans 12:16 - "Get along with each other, don't be stuck up. Make friends with nobodies... don't be the great somebody."

You can find out a lot about a person's character by the way that they treat people that they "don't need."

The humble athlete recognizes people who often go unnoticed.

Practical Application: Shake the hand of the umpires, coaches, tournament directors, concession volunteers and team moms and thank them for helping you become better this weekend.

Understand your place in relationship to God:

"Humble yourself under the mighty power of God and in His timing He will raise you up in honor." - 1 Peter 5:6

Prayer: God, allow me to understand that I am in process. Let me choose to be humble in the way I speak, act and treat others around me. Thank you for Jesus demonstrating perfect humility by laying his life aside so that I might have life. Let my life reflect His example of humility. Amen!

