



# 12<sup>TH</sup> MAN MINISTRIES

Character Coaches Teaching Guide

Title: PREPARATION

*Big Idea: We can control and are responsible for 3 things... our attitude, our preparation, and our effort (A.P.E).*

***“We can’t control the OUTCOME but we can purposefully prepare for it.”***

Questions:

If you want to eat a meal, first it has to be?? (prepared, cooked, etc.)

If you want to pass a test, first you must?? (study, learn, understand)

So, if you want to succeed first you must?? (practice, prepare, pray)

**PREPARATION is the action or process of becoming READY.**

“There is no secret to success. It is the result of preparation, hard work and learning from failure.” – Colin Powell

*“So roll up your sleeves, put your mind in gear, be totally ready to receive the gift that’s coming when Jesus arrives. Don’t lazily slip back into those old grooves of evil, doing just what you feel like doing. You didn’t know any better then; you do now. As obedient children, let yourselves be pulled into a way of life shaped by God’s life, a life energetic and blazing with holiness. God said, “I am holy; you be holy.” – 1 Peter 1:13-16*

**The way we prepare/practice demonstrates the VALUE we place on our opportunity to succeed.**

**If we truly care about succeeding (winning, competing, etc.) we will PREPARE WITH PURPOSE!**

Discussion Question: How can we prepare/practice with purpose?

**“Intentionality** is an intangible skill that will open numerous doors for you in life.”

Ephesians 2 says that God PREPARED US FOR A PURPOSE...

*“Now God has us where he wants us. Saving is all his idea, and all his work from start to finish! God does both the making and saving. He creates each of us by Christ Jesus to join him in the work he does, the good work he has prepared us to do!”*

Practical Application: Prepare/practice with intentionality. Don’t go through the motions. Intentionally put yourself in uncomfortable positions (2 extra steps left or right when doing field work, crowd the plate and take and inside pitch, etc.)

Prayer: God, thank you for preparing me with purpose. Allow me to value my opportunities in life. Show me how to prepare myself for what is ahead. Number my steps and give me confidence in my preparation. For my good and your glory! Amen!

